

ST. PETERS REGIONAL SEMINARY, PEDU
PASTORAL THEOLOGY: THEOLOGY TWO
(SREB 308) COURSE OUTLINE

1. (Reading assignment Ad Gentes Divinitus nos. 15, #5; 19# 1&2; 23; 24; 41.
2. Reading assignments: Vatican II Lumen Gentium Chapter 5 :The Call to Holiness.
3. Internal Examination a day to be fixed by the president or the class.
4. Introduction to the course: Pastoral theology, as a science is as old as the Church itself, dates back from the manifold instructions given by Jesus to his apostles for the care of the souls. Biblical references: Matthew 10:6-8; Mark 6:8.10; Luke 9: 1-3; The Pastoral Letters of Paul.

Aims of the study:

- To equip the seminarians to develop quality pastoral identity, skills and attitudes towards the Church's mission and ministry.
 - The study of the Pastoral theology will contribute to the formation of sanctified, Spirit-filled" seminarians who will impact the church and the world in life-giving ways.
 - Equipping the seminarians to develop specific needs of pastoral leaders for a multi-cultural Church especially in the area of city apostolate.
5. Historical Perspective of Pastoral Theology:
 - Jesus and the apostolic era
 - The Writings of the Fathers
 - Middle Ages
 - The Council of Trent
 - The Second Vatican Council
 6. Definitions
 7. Importance Of Pastoral Theology To Church Growth.
 8. Sources for Pastoral Theology: Divine Tradition and Sacred Scriptures
 9. Four Methods of doing Pastoral Theology:
 - Sacred Scriptures
 - Living Tradition
 - Systemic/ systematic reason
 - Personal and social experience of the people of God.
 10. Theology of Parish:
 - Definitions
 - New Trends of Theology of the Parish
 - Incarnational Perspective.
 - Eucharistic and Redemptive perspective.
 - Presence.
 - Missionary.
 - Seven Parish Models:
 - Traditionalistic parish
 - Charismatic Parish
 - Collaborative Parish

- Chronic Fatigue Syndrome Parish
- A little of this and a Little of that
- Nothing –Honey Parish
- Factional Family Parish

- The Essence of A Parish in the Evangelizing Mission of the Church (Diocese).
- Ghanaian Parish Context
- Four Distinct Groups: Core Catholics; Inactive Catholics; Other Christians and believers; and Un-churched

- 11. Theological Basis of Catechists’ Mission in the Parish.
- The Pastoral Situation Today
- 12. Definitions of Pastoral care.
- 13. Stages of the pastoral care process:
 - Defining Pastoral Identity
 - Pastoral Assessment
 - Pastoral Plan
 - Pastoral Intervention
 - pastoral Evaluation

- 14. Pastoral care of the Sick.
 - Pastoral care of the disabled and mentally challenged
 - Pastoral Care for the Prisoners
 - Pastoral Care for loss of pregnancy
 - Five Stages in counseling a person with loss of pregnancy..

- 15. Four Basic communication skills for Pastoral Care and Counseling:
 - Communication skills I: Attending and Active Listening
 - Attending has three levels: i. Microskills (SOLER); ii Body language level
 - iii The Human presence level

 - Active Listening: Listening and understanding Non verbal Behavior.
 - Non verbal behavior as a channel of communication.
 - Non verbal as punctuation.
 - Listening and understanding Verbal messages.
 - Listening and understanding Clients in context
 - Tough-minded Listening.
 - Listening to oneself.
 - Basic Empathy and Art of Probing
 - Basic Empathy: Empathic relationship
 - Empathy as a Communication skill: Three Dimensions

 - Perceptiveness
 - Know-how
 - Assertiveness

 - Elements of Empathic Understanding and Responding
 - The search for the core message

- Experiences and behaviours
- Responding to the context, not just the words
- Selective responding
- Accurate Empathy: Staying on Track
- The use of Empathy

Art of Probing:

- Statements and Request that encourage Clients to talk with clarity.
- Interjection that help Clients to focus.
- Questions that help clients to talk more freely and concretely. Questions, judiciously used can be an important part of your interactions with the clients.

Further Readings:

Catechism of the Catholic Church (1994) MO: Liguori Publications.

Doddy, Donnel (1997). Team: Theory and Practice of Team ministry. New York: Paulist Press

Flannery, Austin (1996). The Basic Sixteen Documents in Vatican Council II. Northport, New York: Costello Publishing Company, Inc .

Flannery, Austin Gen ed. (1981), Vatican Council II: The Conciliar and Post Conciliar Documents. Loeminster, Herefords: Fowler Wright Book Ltd for Costello Publishing Company, Inc .

Friedman, Edwin H, (1985). Generation To Generation. Family process in Church and Synagogue

New York: The Guilford Press

Gerkin, C. V. (1979). Crisis Experience in Modern Life: Theory and Theology of Pastoral Care. Nashville: Parthenon Press.

Lazarus, Richard & Alan Moonart (1974), Personality. New Jersey: Pretentice Hall.

Roger, Carl (1980). On Becoming a Person: A Therapist's View of Psychotherapy. London: Constable.

Stevens, Paul R & Phil Collins (1996), The Equipping Pastor. A System Approach to Congregational Leadership. New York: The Publications Program of The Alban Institute